

**RECOMMENDED READINGS FOR**  
**RED PANDA TOUR**

Several western and local Nepalese authors have written significantly important guide books on Nepal's flora and faunas. This reading list has been created for your enjoyment and information on Nepalese reality, history, culture, flora and faunas.

1. Rough Guide to Nepal by Rough Guides
2. Lonely Planet Nepal by Lonely Planet Publications
3. Nepal (Insight Guides) by Insight Guides
4. Helm's Field Guide to the Birds of Nepal by Grimmett, Inskipp & Inskipp
5. Heart of the Jungle by KK Gurung
6. Wildlife Heritage of Nepal by Hemant R. Mishra