

## **Suggested Reading list for Bhutan**

### **Book Title**

Across the Last Himalayan Kingdom Bhutan: A Visual Odyssey

A Painter's Year in the Forests of Bhutan

Footprint Bhutan

So close to Haven

Trekking in Nepal, West Tibet and Bhutan

The Pocket Doctor

Mountain Sickness

Pocket First Aid and Wilderness Medicine

### **Author**

Michael Howley

A. K. Hellum

Gyurme Dorje

Barbara Crossette

Swift Hugh

Stephen Bezruchka

Peter Hackett

Dr. Jim Duff & Dr. Peter Gormly