

# Char Dham Yatra Dossier

## **A. Important Notes:**

- Infrastructure of these areas is not well developed. Thus, you should not expect or compare it to other more developed destinations. There are occasional shortage of water and power in this region. You may come across situations where water is supplied on a timed basis, morning and evening only.
- In this region the hotels may not have generator facilities. In case of any power failure, hotels will provide candles for light.

## **B. General Information**

### **1. Flight Details**

Please send us your flight details as soon as you book your flights. If there are any last minute changes, please notify us immediately by e-mail. This is very important, as we need to arrange for your airport pickup in Delhi. Please look for the Karnali Excursions sign board as you come out from the Airport.

### **2. Passport, India Visa Related:**

# Char Dham Yatra Dossier

- USA and UK passport holders require a valid Visa for India. Get this at home by contacting the nearest Indian embassy or consulate. Indian Passport holders or OCI cardholder do not require a valid Visa in India.
- You must be in possession of a current passport with at least 6 months of validity remaining beyond your arrival date in India.

### **3. Remaining Balance**

The remaining balance is to be paid in USD (US Dollars) or equivalent GBP (Sterling Pounds) cash in New Delhi upon arrival. Unfortunately, Karnali Excursions cannot accept any personal cheques.

### **4. Additional Funds:**

Please plan to bring approximately USD 600 OR GBP 400 per person for your personal use during the Yatra (to hire a horse, Doli and porter during the Yatra, phone calls, mineral water, souvenirs, etc.)

### **5. Suggested items to bring for Char Dham Yatra**

# Char Dham Yatra Dossier

Equipment and clothing is very much a matter of personal preference and choice. However, the list below is general and it is intended to give guideline for Char Dham Yatra only, so please adjust as per your personal requirement.

## **C. Must bring documents:**

- The most recent and valid passport
- 4 passport sized colour photos
- 2 photo copies of the most recent and valid passport
- Cash-less travel and medical insurance policy
- Health certificate

## **D. Footwear:**

1. Hiking boots
2. Trainer type shoes
3. Sandals
4. Warm shocks

## **E. Clothes:**

1. Cap/Sunhat

# Char Dham Yatra Dossier

2. Monkey cap/Balaclava
3. Down jacket
4. Wind/rainproof trousers
5. Light sweater
6. Warm fleece wear
7. Warm high-neck sweeter
8. Under garments
9. Water/windproof jacket
10. Loose hiking trousers
11. Quick dry type hiking shirts
12. Thermal body and underwear
13. Thin gloves
14. Wind/waterproof gloves
15. Face towel
16. Bath towel
17. Shawl
18. Muffler
19. Nose mask for dust free breathing
20. Lungi or dhoti for Havan

# Char Dham Yatra Dossier

## **F. Eateries:**

1. Favorite snacks
2. Chocolates
3. Energy bars
4. Sweet candies

## **G. Toiletries**

1. Sunscreens
2. Antibacterial handgel
3. Wet wipes
4. Moisturizer creams
5. Lip guard
6. Toothpaste and toothbrush
7. Toilet rolls
8. Hand/feet warmer

## **H. First Aid Medial Kit**

1. Your personal medicines if you are under any kind of medication

# Char Dham Yatra Dossier

2. Paracetamols
3. Broad spectrum antibiotics
4. Handiplasts
5. Eye/ear drops
6. Nose decongestants
7. Anti diarrhoeal medicines
8. Bandage
9. Small big cotton balls
10. Antiseptic ointment
11. Common cold, fever and cough medicines
12. Allergy care
13. Anti vomiting medicines

## **I. Miscellaneous items**

1. Bottle to collect holy water
2. Money belt
3. Rucksack (35-40 litres) to carry your valuables
4. Sunglasses with 100% UV protection
5. Headlamp with spare batteries

# Char Dham Yatra Dossier

6. Water bottle
7. Thermo flask
8. Whistle (optional)
9. Pocket knife
10. Sewing kit
11. Spiritual books
12. Diary
13. Charger adaptor

## **6. Travel Insurance –Mandatory:**

Everyone must carry cash-less travel insurance which covers emergency rescue (both by Air and ground), repatriation and medical expenses. Please bring two hard copies of insurance. When you come to New Delhi, please handover one copy to our representative and keep the 2nd copy with you.

## **7. Preparation, Health and Medical Related:**

Although most of the trip will be done by vehicles, it is important that everyone is relatively in good health. If you have any chronic health conditions please consult your doctor prior to leaving for India. Medical facilities are available throughout the journey.

# Char Dham Yatra Dossier

However, taking the health issue into a sheer consideration, Karnali Excursions (P) Ltd. will provide a first aid medical kit and equipment for treating high altitude sickness. Remember to exercise and or hike/walk regularly. Form a habit of drinking at least three litres of water every day. This habit will be extremely helpful to keep you in good shape during the Yatra.

## **8. Karnali Staffs:**

Karnali Excursions (P) Ltd. employs only well-trained, responsible, and capable staffs who have successfully led several trips over many years throughout all over India, Tibet and Nepal. Each trip is staffed with an experienced guide who speaks English and Hindi, ensuring a pleasant and smooth journey for the group. Karnali Excursions (P) Ltd. is committed to providing the best and most reliable service for each group for the Journey of a Lifetime.

## **9. Risk and Liabilities:**

Karnali Excursions (P) Ltd will make every effort to ensure that your journey is smooth and as pleasant as possible. However, please be reminded that all programs in India are strictly conducted under the rules and regulations of the Indian government. Therefore, neither Karnali Excursions (P) Ltd. nor its Indian Agent shall be responsible for any

# Char Dham Yatra Dossier

changes in the itinerary due to unavoidable circumstances, including: government restrictions, landslides, road blockades, flooding, snowfall, political disturbances, flight cancellations, illnesses or accidents. Any additional costs that may incur as a result of such circumstances shall be taken care of by the yatri.

## **10. Yatra logistics:**

- You will be picked up and dropped off at the airport, so please provide your flight details in advance.
- Every yatri will be provided a reasonable sized duffle bag for the entire duration of Yatra. This bag will be provided in the evening of the arrival day. Hence, each yatri should have a personal backpack/rucksack to carry personal valuable belongings and handy items. Transfer your Yatra baggage into this duffle bag and remember the duffle bag number by noting it down.
- Your normal baggage will be stored at the hotel in New Delhi until you return from the Yatra.
- Ensure that you have some snacks and minimal supplies along with you in your backpack for personal use as your duffle bag might travel separately with the support vehicle.

# Char Dham Yatra Dossier

- Please bear in mind to bring the adaptor for 220-240 volts for charging any electronic devices.
- WIFI and Internet connection is available in New Delhi. Local SIM card can be bought in the New Delhi airport. You are welcome to use a home-based cell phone. Please make sure that India is in your roaming coverage area.

## **11. Important preparation tips for a successful and memorable yatra:**

- Get some hiking and breathing practices.
- Develop habit of drinking plenty of water (at least 3 litres a day).
- Stay mentally focused and physically healthy for a memorable Journey of a lifetime.

**For further details, please contact @ below address:**

### **Savi Meghani (UK)**

Home: +4420 8866 7984

Mobile: +44 7435 217216

E-mail: savi\_meghani@hotmail.co.uk

### **Vanita Hirani (UK)**

Home: +4420 8991 069

(Mon-Fri, call after 4:30 PM)

Mob: +44 7941 992907

E-mail: vanitahirani@hotmail.com

# Char Dham Yatra Dossier

## **Sarla Dave (USA)**

4440 E Hartford Avenue

Phoenix AZ 85032

Tel: +17088 956439

Mob: +17086 897848

E-mail: sarladave1@aol.com

## **Harish Patel (USA)**

Tel: +1-734-741-8824

Mob: +1-734-945-6179

E-mail: harishdp@comcast.net

## **Rohini A Patel (USA)**

26W035 Mac Arthur Ave

Carol Stream, IL 60188, USA

Tel: +1630-653-0457

Mob: +1 630-414-3002

E-mail: rpatel0457@gmail.com

## **Ramesh Natarajan (Canada)**

Mob: +1-416-300-2460

## **Sridevi Gayathri Ramesh**

Mob: +1 647-273-2100

E-mail: grdiyars.karnali@gmail.com

# Char Dham Yatra Dossier