

## Suggested Reading list for Kanchenjunga Region

### Book Title

Kanchenjunga: A Trekker's Guide

Foot Steps in the Clouds: Kanchenjunga A Century Later

Everest, K2, Kanchenjunga in a Year

Living on the Edge: The Winter Ascent of Kanchenjunga

The Rough Guide to Nepal

Frommer's Nepal

Trekking in the Himalaya

Trekking in Nepal

The Pocket Doctor

Mountain Sickness

Pocket First Aid and Wilderness Medicine

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